VISION 2020 GRANT
APPLICATION (AY2)
(CONTINUATION)

COVER PAGE

In this document, you will find the following:

1. Vision 2020 Grant Application for Year 2 — SUCCESSFUL SCHOLAR ATHLETE
2. Vision 2020 Grant Application for Year 1 — SUCCESSFUL SCHOLAR ATHLETE
3. Data Documents from year 1

Year 2 Application

You will notice on our Year 2 application that we have had some turnover on our SSA TEAM. Our Athletic Director left as did our Student Athlete. Both have been replaced. We also included as much data as we could collect on the Year 2 Goals page. Other data will be collected as it becomes available.

The Year 2 application includes a revised budget and signature page. We will continue to collect data on the 2014 SSA as well as the new 2015 SSA.

Year 1 Application

As requested, we included the Year 1 application.

Data Documentation Year 1

1. The first page of the documentation has the data inserted after the appropriate goal.
2. The next page is an index of all the data that the TEAM has or will collect at the Institution Level and with the classroom.
3. The next page illustrates that 100% of the SSA returned for the spring semester.
4. The next page shows that there was substantial improvement overall (12.7% in on month) on a difficult test in the class. While four students’ scores declined, the declines were very small. On the other hand, there were four SSA whose scores improved by over 20% in that same month.
5. The next page demonstrates that when the SSA’s were asked if all freshmen athletes should be required to take the SSA U100 course, 94% said yes.
6. On the next page, when the SSA’s were asked if they thought they had received their money’s worth and time’s worth from the class, 100% said yes.
7. The next page illustrates recommended changes that the SSA’s reported. (The TEAM has already implemented many of these recommendations for next year).
8. The final page demonstrates the opinions of the SSA’s when asked if there had not been a sport on the IUSB campus, would they still have registered for classes at IUSB. 100% said no. This supports the contention that our athletic program is a recruiting tool for entering freshmen.
9. Examples of Pay-It-Forward papers of SSA’s.
VISION 2020 GRANT APPLICATION

AY2

SUCCESSFUL SCHOLAR-ATHLETE
VISION 2020 GRANT
APPLICATION (AY2)

PROJECT TITLE: THE SUCCESSFUL SCHOLAR-ATHLETE CLASS

TEAM: DR. A. BRUCE WATSON, ASSISTANT PROFESSOR, SCHOOL OF EDUCATION
       (Team Leader & Vision 2020 Liaison)
       EA 2246
       574-520-4486
       watsonbr@iusb.edu

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       574-520-4508
       scthcoop@iusb.edu

MRS. JAMIE ASHMORE-POTT, HEAD WOMEN’S VOLLEYBALL COACH
       SAC 032A
       574-520-4509
       ashmorej@iusb.edu

MS. MELANIE TROYER, SCHOLAR-ATHLETE
       50890 TWIN FAWN TRAIL, ELKHART, IN 46514
       574-309-1656
       melntroy@iusb.edu

MR. TOM NORRIS, SPORTS INFORMATION DIRECTOR
       SAC 130B
       574-520-4457
       tomnorr@iusb.edu

MR. JUSTIN AKERS, HEAD MEN’S GOLF COACH
       SAC??
       PHONE??
       juwakers@iusb.edu

Mr. ROB CARRASCO, HEAD MEN’S/WOMEN’S CROSS COUNTRY COACH
       SAC??
       PHONE??
       robcarra@iusb.edu

ABSTRACT:

The Successful Scholar-Athlete is an introductory course designed specifically for freshmen (required) who will be participating on any IUSB athletic team. The class assists those scholar-athletes in successfully balancing the challenges of a rigorous scholastic schedule with the demands of a competitive athletic program. This course provides opportunities for discovery learning, instruction in learning skills, and assimilation into the social and academic cultures of the IU South Bend campus. Specific areas of focus are: identifying strengths/weaknesses of each scholar-athlete that will impact their college success, developing short-term and long term academic
goals, creating time management systems that work, exploring majors and careers, developing study habits which will lead to academic success, improving communication skills, and honing critical thinking skills. The course work is coordinated with each head coach to facilitate study table activities and mentoring of each scholar-athlete.

NARRATIVE:

WHAT ARE YOUR GOALS?

1. **Retention**: The retention rate for these scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 will be at least 75% from Fall 2015 semester to Spring 2016 Semester (above the campus rate of 62%)

2. **Persistence**: The persistence rate for scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 will exceed the rate for other first year students from the 2015-16 academic year to the fall 2016-2017 academic year.

3. **Timely Graduation**: The 4, 5 and 6 year graduation rate by the spring of 2021 for these scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 will be at least 50% (above the campus rate of 22%)

4. **GPA**: The GPA of these scholar-athletes registered for the Successful Scholar-Athlete Class Fall 2015 will be at least 3.00 (accumulative) each semester (above the campus GPA of 2.95)

5. **Full-time Enrollment**: The Full-time Enrollment of these scholar-athletes registered for the Successful Scholar-Athlete Class Fall 2015 will be 100% (above the 83% freshmen rate)

HOW WILL YOU ASSESS WHETHER YOU REACH YOUR GOALS?

1. **Retention**: The Team will compare data for scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 to registration for classes at IU South Bend with data for those same scholar-athletes the Spring 2016 semester.

2. **Persistence**: The Team will compare data of scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 to registration for classes at IU South Bend with data for those same scholar-athletes for the Fall 2016.

3. **Timely Graduation**: The Team will compare data of scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 to matriculation dates from IU South Bend with data for those same scholar-athletes for the years 2019, 2010 and 2021.

4. **GPA**: The Team will compare data of scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 accumulative GPA each semester with the data of all other IU South Bend students of the same credit standing.
5. **Full-time Enrollment:** The Team will compare data of the full-time status of scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2015 with the data of all other IU South Bend students of the same credit standing.

**WHAT WILL YOU DO TO REACH THOSE GOALS?**

The activities within the Successful Scholar-Athlete class are all geared toward ensuring that the students become successful college students. This course is based upon the successful EDUC-U 100 course for general studies, College of Business and College of Health Sciences, except focusing on the specific needs of scholar-athletes. This is a continuation of the Successful Scholar-Athlete Class that was funded in 2014. Components of the class that are supported by the literature on freshmen retention, persistence, timely graduation, GPA and full-time enrollment will be incorporated into the curriculum. These include: Faculty Mentoring of Scholar-Athletes (Kuh, et. al. 2005), Peer-Mentoring of Scholar-Athletes (Kuh, et. al. 2005), Engagement in University of Scholar-Athletes (Bader, 2011), Full-Time attendance by Scholar-Athletes (Habley, et. al. 2012) and Participation in Collaborative Learning Communities by Scholar-Athletes (Bowen, et. al. 2009). The professors of the Successful Scholar-Athlete course will work collaboratively with the coaches, faculty mentors and peer mentors of each Scholar-Athlete in the class to ensure that the five goals are met. These high-impact practices will be reviewed, revised and implemented in following years based upon evaluations of students, peer mentors, coaches, athletic director and professors. The Team will serve as the final review of all the above-mentioned materials.

Typically, the three existing athletic teams recruit approximately fifteen freshmen scholar-athletes to campus each fall. With the addition of the three new athletic teams in the fall of 2015, another fifteen or so freshmen scholar-athletes will be arriving. This means that there might be a need for two sections of the Successful Scholar-Athlete course in the fall of 2015. If additional sports are added, more section of the Successful Scholar-Athlete would be offered to accommodate all freshmen scholar-athletes. Therefore, this proposal would be positively impacting nearly thirty (or more) freshmen scholar-athletes in the fall of 2015. This number would again be approximately thirty freshmen scholar-athletes in subsequent falls if there are six athletic teams. These freshmen scholar-athletes would be of both genders and various ethnic backgrounds who qualify for admission to IU South Bend.

**Budget:**  Total $4,858  (APPROVED)

1. **Salaries & Wages**
   - Bruce Watson (Chair)  $1,900
   - Steve Bruce (Member)  300
   - Scott Cooper (Member)  300
   - Jamie Ashmore-Pott (Member)  300
   - Melanie Troyer (Student Member)  300
   - Tom Norris (Member)  125
   - Cross Country Coach (Member)  300
   - Golf Coach (Member)  300

   **Total**  $3,825

2. **Fringe Benefits:**
- 27% x $3,825 $1,033

Total $4,858

**Fiscal Sustainability:**

This Successful Scholar-Athlete course would be self-sustaining (student tuition and fees) from the outset. The Team might submit a follow-up application for AY3 to perform work on improving the course based upon the afore-mentioned evaluations. In addition, other units on campus might want to meet with The Team to discuss implementing the high-impact and successful practices of this course if and when the five goals are met.

**Timeline:**

AY1: The Successful Scholar-Athlete Course would begin in the fall of 2014. (FULLY FUNDED)

AY2: The Successful Scholar-Athlete Course will continue being offered in the fall of 2015.

AY3: The Successful Scholar-Athlete Course would continue being offered in the fall of 2016.
References


VISION 2020 GRANT
APPLICATION (AY2)

PROJECT TITLE: THE SUCCESSFUL SCHOLAR-ATHLETE CLASS

TEAM: DR. A. BRUCE WATSON, ASSISTANT PROFESSOR, SCHOOL OF EDUCATION
(Team Leader & Vision 2020 Liaison)
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574-520-4486
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Mr. ROB CARRASCO, HEAD MEN'S/WOMEN'S CROSS COUNTRY COACH
SAC??
PHONE??
robcarra@iusb.edu

School of Education:

Dr. Terry Shepherd, Department Chair
From: Carrasco, Rob  
Sent: Thursday, January 22, 2015 1:32 PM  
To: Watson, Bruce  
Subject: RE: Successful Scholar-Athlete Team Meeting

Good Afternoon Dr. Watson,

I would like to offer my support for the successful scholar athlete proposal. I think it is a very good way to get athletes on the right track to success in their college academic career.

Sincerely,

Rob Carrasco  
Head Coach, Men's & Women's cross country  
Indiana University South Bend  
Chicagoland Collegiate Athletic Conference  
National Association of Intercollegiate Athletics  
robcarra@indiana.edu  
rob1457@gmail.com  
574-485-8494
VISION 2020 GRANT APPLICATION

AY1

SUCCESSFUL SCHOLAR-ATHLETE
VISION 2020 GRANT
APPLICATION (AY1)

PROJECT TITLE: THE SUCCESSFUL SCHOLAR-ATHLETE CLASS

TEAM: DR. A. BRUCE WATSON, ASSISTANT PROFESSOR, SCHOOL OF EDUCATION
(Team Leader & Vision 2020 Liaison)
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574-520-4486
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tomnorris@iusb.edu
TO BE NAMED: HEAD GOLF COACH
TO BE NAMED: HEAD CROSS COUNTRY COACH

ABSTRACT:

The Successful Scholar-Athlete will be an introductory course designed specifically for freshmen (required) who will be participating on any IUSB athletic team. The class would assist those scholar-athletes in successfully balancing the challenges of a rigorous scholastic schedule with the demands of a competitive athletic program. This course would provide opportunities for discovery learning, instruction in learning skills, and assimilation into the social and academic cultures of the IU South Bend campus. Specific areas of focus would be: identifying strengths/weaknesses of each scholar-athlete that will impact their college success, developing short-term and long term academic goals, creating time management systems that work, exploring majors and careers, developing study habits which will lead to academic success, improving communication skills, and
honoring critical thinking skills. The course work will be coordinated with each head coach to facilitate study table activities and mentoring of each scholar-athlete.

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WHAT ARE YOUR GOALS?

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   - Gary Demski (Member) 325
   - Steve Bruce (Member) 325
   - Scott Cooper (Member) 325
   - Jamie Ashmore-Pott (Member) 325
   - Melanie Troyer (Student Member) 325
   - Tom Norris (Member) 100
   - Cross Country Coach (Member) 100
   - Golf Coach (Member) 100

   Total $3,825

2. Fringe Benefits:
   - 27% x $3,825 $1,033

   Total $4,858
Fiscal Sustainability:

This Successful Scholar-Athlete course would be self-sustaining (student tuition and fees) from the outset. The Team might submit a follow-up application for AY2 to perform work on improving the course based upon the afore-mentioned evaluations. In addition, other units on campus might want to meet with The Team to discuss implementing the high-impact and successful practices of this course if and when the five goals are met.

Timeline:

AY1: The Successful Scholar-Athlete Course would begin in the fall of 2014.

AY2: The Successful Scholar-Athlete Course would continue being offered in the fall of 2015.

AY3: The Successful Scholar-Athlete Course would continue being offered in the fall of 2016.
References


VISION 2020 GRANT APPLICATION

DATA DOCUMENTATION

SUCCESSFUL SCHOLAR-ATHLETE
Successful Scholar-Athlete Fall 2014

Goals Data:

1. **Retention**: The retention rate for these scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2014 will be at least 75% from Fall 2014 semester to Spring 2015 Semester (above the campus rate of 62%)

   100% SSA RATE
   (There were 16 scholar-athletes enrolled in U100 SSA class. All 16 registered for classes in for the spring term 2015, one scholar-athlete is no longer participating in sports).

   ???? CAMPUS RATE

2. **Persistence**: The persistence rate scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2014 will exceed the rate for other first year students from the 2014-15 academic year to the 2015-2016 academic year.

   This data will be collected in the fall of 2015.
   The campus rate will also be collected.

3. **Timely Graduation**: The 4, 5 and 6 year graduation rate by the spring of 2020 for these scholar-athlete freshmen registered for the Successful Scholar-Athlete Class Fall 2014 will be at least 50% (above the campus rate of 22%)

   This data will be collected in the spring of 2018 and continue through 2020.
   The campus rate will be collected also.

4. **GPA**: The GPA of these scholar-athletes registered for the Successful Scholar-Athlete Class Fall 2014 will be at least 3.00 (accumulative) each semester (above the campus GPA of 2.95)

   This data will be collected in January 2015.
   The campus GPA will be collected also.

5. **Full-time Enrollment**: The Full-time Enrollment of these scholar-athletes registered for the Successful Scholar-Athlete Class Fall 2014 will be 100% (above the 83% freshmen rate)

   100% SSA RATE

   ???? CAMPUS RATE
### Successful Scholar-Athlete – Data Items

(COLLECTED BY OFFICE OF INSTITUTIONAL RESEARCH)

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1. INITIAL FALL TO SPRING ENROLLMENT
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3. INITIAL FALL TO SECOND NEXT FALL ENROLLMENT
4. FULL-TIME ENROLLMENT BY SEMESTER
5. GPA BY SEMESTER
6. LIVING IN CAMPUS HOUSING
7. GRADUATION 4TH YEAR
8. GRADUATION 5TH YEAR
9. GRADUATION 6TH YEAR
10. GRADUATION 4+5+6 YEARS
11. FINANCIAL AID

### Class Activity Data (Collected by Professor)

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3. COMMUNICATIONS PRE-POST TEST CHANGE
4. OPINION - PAY IT FORWARD DATA
5. OPINION - RECOMMEND CLASS REQUIRED FOR FUTURE SSA
6. OPINION - WORTH TUITION AND TIME
7. OPINION - RECOMMEND ONE POSITIVE CHANGE
8. OPINION - IUSB 1ST CHOICE - ATHLETICS
SUCCESSFUL SCHOLAR-ATHLETE

DATA COLLECTION SPREADSHEET

FALL 2014 COHORT U100 34955  TTH 10:00

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AVG IMPROVE: 12.7%
SUCCESSFUL SCHOLAR-ATHLETE

DATA COLLECTION SPREADSHEET

FALL 2014 COHORT   U100   34955   TTH 10:00

DO YOU THINK ALL FUTURE FRESHMEN SCHOLAR-ATHLETES SHOULD BE "REQUIRED" TO TAKE U10 SUCCESSFUL SCHOLAR-ATHLETE CLASS?

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SUCCESSFUL SCHOLAR-ATHLETE

DATA COLLECTION SPREADSHEET

FALL 2014 COHORT   U100   34955   TTH 10:00

DO YOU THINK THE SUCCESSFUL SCHOLAR-ATHLETE CLASS WAS WORTH YOUR TIME AND TUITION?

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<th>%</th>
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SUCCESSFUL SCHOLAR-ATHLETE

DATA COLLECTION SPREADSHEET

FALL 2014 COHORT  U100  34955  TTH 10:00

RECOMMENDED CHANGES

4 NONE
3 LESS FLASH CARDS
1 MORE SPECIFIC DIRECTIONS - JOURNALS - PAPERS
1 MORE JEOPARDY
1 GET STUDENTS TO MAKE FRIENDS W/EACH OTHER SOONER
1 MORE GROUP DISCUSSIONS
1 MORE TIME ON SELF-REGULATED LEARNING UNIT
1 TEST OVER THE FALLACIES-OR DROP THEM
1 LESS TIME ON FALLACIES GAME
1 MORE TIME ON EXAMPLES OF FALLACIES
SUCCESSFUL SCHOLAR-ATHLETE

DATA COLLECTION SPREADSHEET

FALL 2014 COHORT   U100   34955   TTH 10:00

WITHOUT YOUR SPORT, WOULD IUSB HAVE BEEN YOUR 1ST CHOICE?

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